



*"Growing together at the heart of God's community"*



**Glazebury C.E. Primary school**

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Dear Parents and Carers

**Re: Toast**

We are all facing challenging economic times, and we were thinking of small ways to help. So, I have taken the decision to offer all children in our school a piece of toast free of charge daily from January 2023. We will also ensure all allergies are catered for.

Research shows how this energy boost can help children mentally and physically, especially if there are a few hours between meals.

For those that feel they do not want a piece of toast and wish to bring in their healthy snack that is still acceptable however. I hope that many of our children and families will recognise that this will help in some small way, whilst providing for the children in our care.

Kind Regards

Mrs K Mowbray  
Head Teacher