



Glazebury CE Primary School & Nursery

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Dear Parents and Carers,

We have been working with a charity called "Hidden Disabilities", they have been, since 2016, promoting a way for people to discreetly provide an indication of a disability that they may have, that is not obvious.

Hidden disabilities don't have physical signs and include learning difficulties, mental health as well as mobility, speech, visual or hearing impairments. They can also include asthma, COPD, and other lung conditions as well as chronic illnesses such as renal failure, diabetes, and sleep disorders when those diseases significantly impact day-to-day life.

Living with these conditions can make daily life more demanding for many people. They affect each person in different ways and can be painful, exhausting, and isolating. Without visible evidence of the hidden disability, it is frequently difficult for others to acknowledge the challenges faced and as a consequence, sympathy and understanding can often be in short supply. This is even more relevant during the Covid 19 Pandemic.

They have created a lanyard – green with sunflowers, the yellow of the sunflower stands out and reflects positivity. Wearing the Hidden Disabilities Sunflower discreetly indicates to people around the wearer including staff, colleagues and health professionals that they need additional support, help or a little more time. Since its launch in 2016, it has now been adopted globally by major airports and venues and in the UK, by many supermarkets, railway and coach stations, leisure facilities, the NHS, a number of police, fire and ambulance services, and an increasing number of small and large businesses and organisations. You may have seen them in Sainsburys or Lloyds bank.

We have a number of lanyards in school, these are free and available to anyone who would like to have one, please call into the office to acquire. There is no qualifying list of hidden disabilities. If you have a hidden disability and feel that you would benefit from wearing a Hidden Disabilities Sunflower Lanyard, please do. The Hidden Disabilities Sunflower does not entitle you to anything other than identifying that you have a hidden disability and that you may need some assistance, help, or a little more time. It is NOT a pass to be fast-tracked nor for any other benefit. There is equally no demand for you to wear it – it is your choice.

We see this in school as another extension of diversity and our mantra of same but different.

Kind Regards

Karen Mowbray

Head teacher

