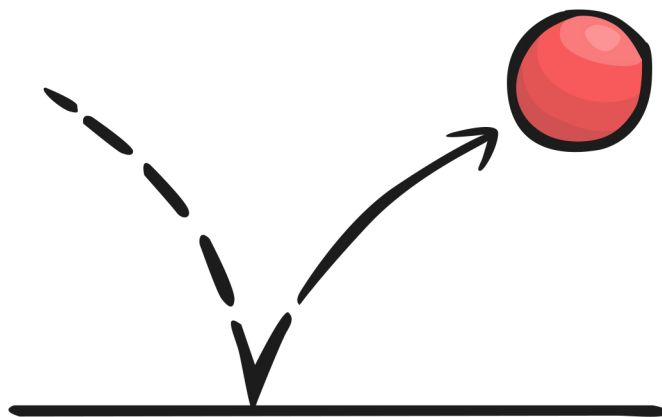


**Throw and catch a ball  
with a friend.**

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**How many times can  
you bounce a ball?**

[twinkl.co.uk](https://www.twinkl.co.uk)



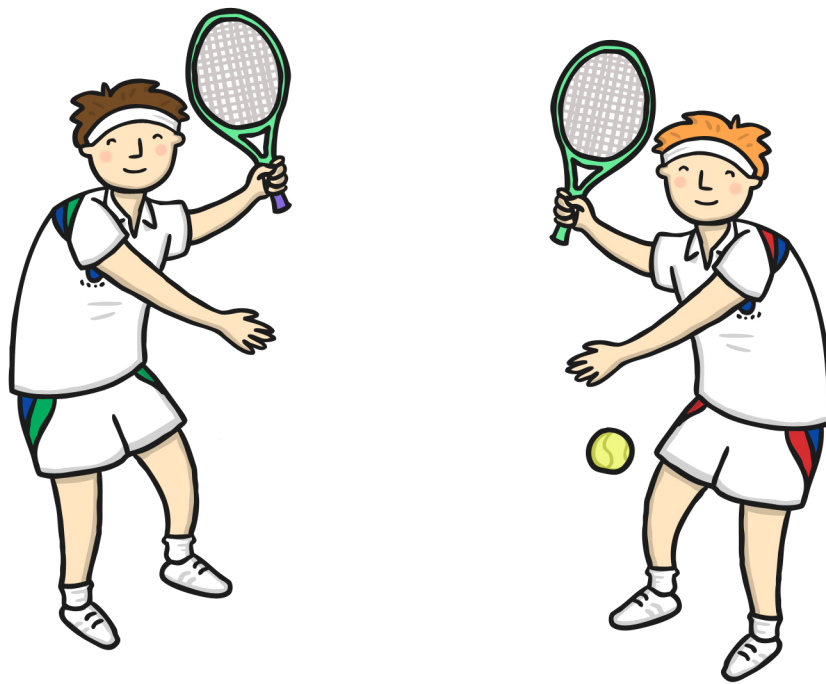
**Make a trail and  
follow it.**

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**Do 5 star jumps.**

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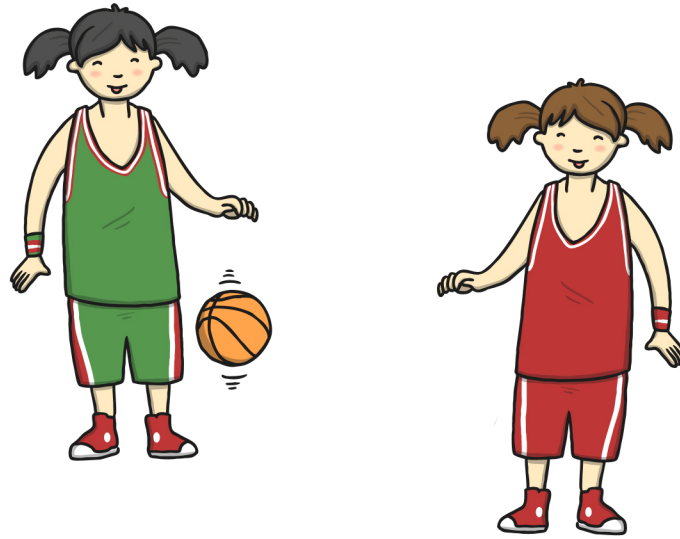
**Hit a ball to your friend.**

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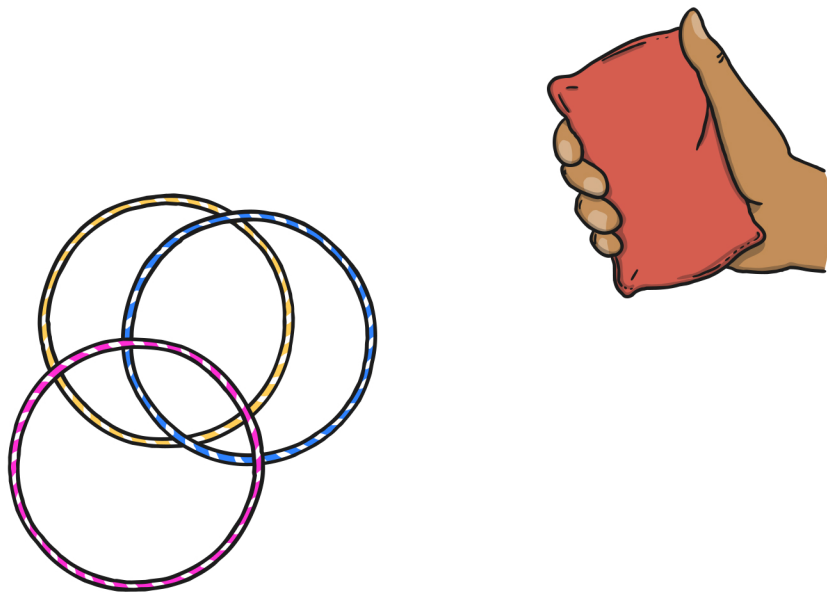
**Do 10 star jumps.**

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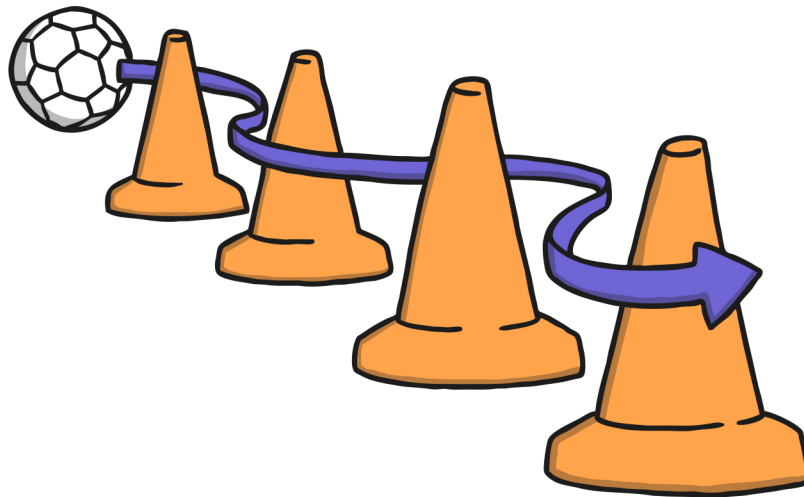
**Bounce a ball to  
a friend.**

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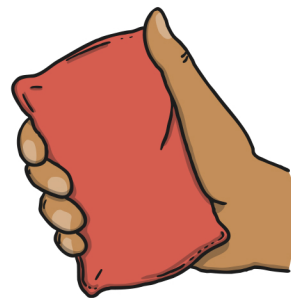
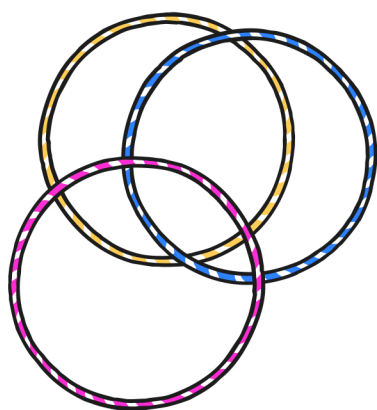
**Throw **5** beanbags  
into the hoop.**

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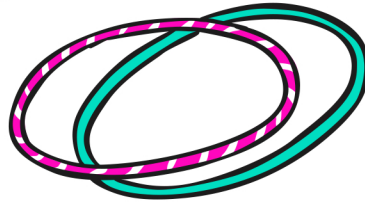
**Dribble the ball  
around the cones.**

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**Throw 10 beanbags  
into the hoop.**

[twinkl.co.uk](https://www.twinkl.co.uk)



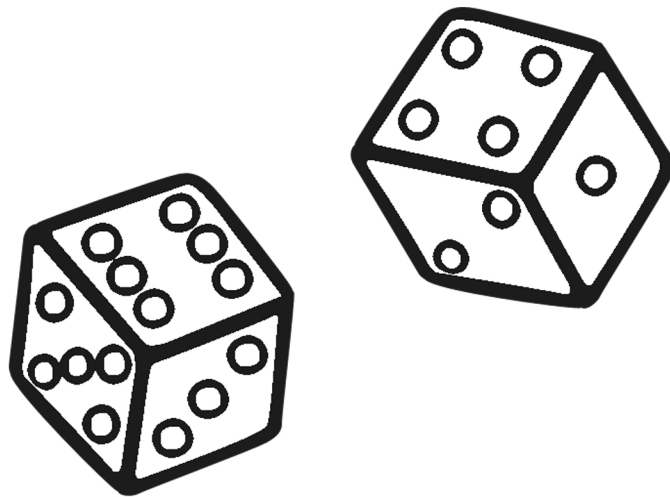
**Jump between the  
hoops.**

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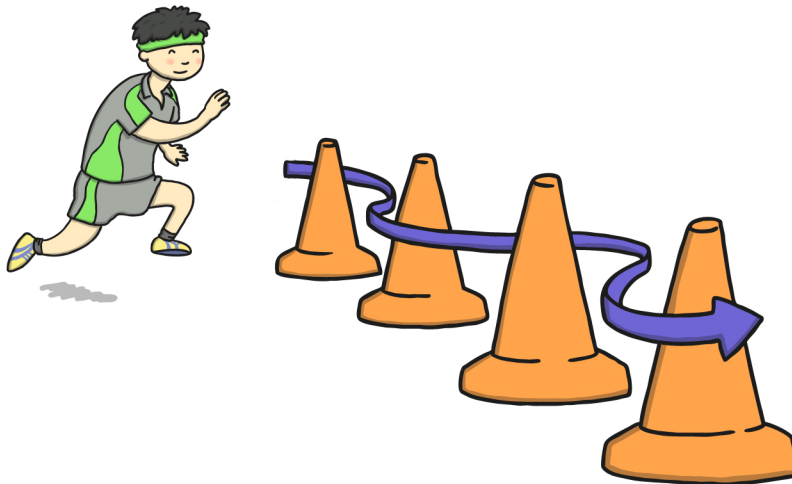
**How many times can  
you hop on one foot?**

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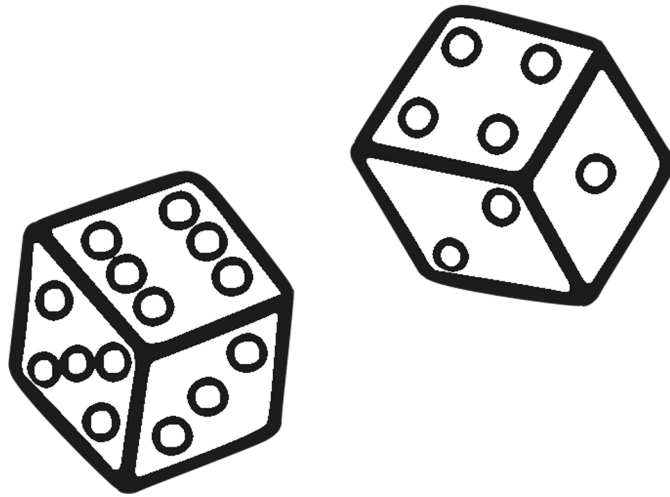
**Roll a dice and then  
jump the number.**

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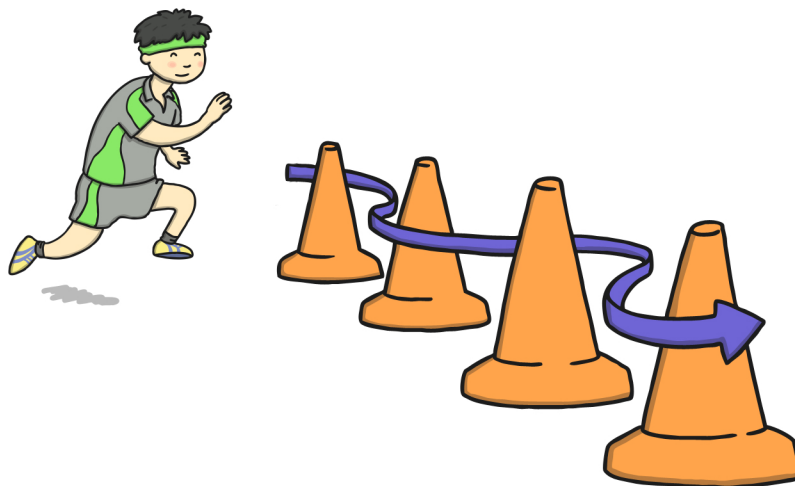
**Run between the cones  
5 times.**

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**Roll a dice and then  
hop the number.**

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**Run between the cones  
10 times.**

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