SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, fruit yoghurt, soreen and cheese & biscuits
Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.

Week One

Monday
Homemade Ham and Cheese pasta bake
served with broccoli

V Assorted panini/wraps
served with savoury rice and sweetcorn

Orange Sorbet

Tuesday
V Braised Beef
served with sage and onion stuffing, Yorkshire pudding, creamed & roast potatoes, seasonal fresh carrots and broccoli and gravy

Homemade Macaroni Cheese
Topped with Tomatoes Served with fresh broccoli

Yoghurt or Fruit Segments

Wednesday
V Homemade Fruity Chicken Curry
served with 50/50 rice

V Pork Sausage with creamed potatoes, gravy served with seasonal fresh carrots and peas

Homemade Blueberry cake

Thursday
Oven baked Tempura Battered fish or
Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans

Homemade Cheese Flan
served with chunky chipped potatoes, garden peas or baked beans

Cooks choice cookie

Friday
V Homemade Spaghetti Bolognaise
served with garlic bread and seasonal fresh carrots and garden peas

Baked Gammon
served with sauté potatoes, seasonal fresh carrots & garden peas

V Fruit Jelly

Week Two

Monday
Selection of Wholemeal Pizza
with various toppings served with herby diced potatoes, peas or sweetcorn

Tortilla boat filled with homemade mild chilli beef
served with rice and sweetcorn

Vanilla Ice Cream or Waffle topped with fruit

Tuesday
V Roast Chicken or Roast Gammon with sage and onion stuffing
served with roast & creamed potatoes, seasonal fresh carrots and broccoli and gravy

Homemade Tomato and Mascarpone Pasta Bake served with garlic bread and broccoli

Our award winning Chocolate and Coconut Brownie

Wednesday
Homemade Pasta Carbonara served with garlic bread, seasonal fresh carrot batons and garden peas

Our award winning V Chicken Stew served with seasonal fresh carrot batons and garden peas, creamed potatoes or rice

Fresh Fruit Segments
Yoghurt

Thursday
Oven baked Battered Salmon
served with chunky chipped potatoes garden peas or baked beans

V Red Tractor Chicken Poppers
served with chunky chipped potatoes garden peas or baked beans

Selection of cookies

Friday
Chicken Balti and rice

Sausage roll with baked beans, sauté potatoes

Cooks choice homemade Fruit Fool Crumble or homemade Fruit Mousse

Week Three

Monday
BBQ Chicken in a Bun served with savoury rice sweetcorn & peas

Homemade Pasta in a tomato sauce

Homemade Fruit Crumble served with custard

Tuesday
V Cooks choice, Roast Turkey or Roast Pork sage & onion stuffing served with gravy, roast & creamed potatoes, seasonal fresh carrot and broccoli

V Homemade Chinese Stir Fry Vegetables with Chicken and egg noodles

Yoghurt or Fruit Segments

Wednesday
V Assorted paninis / wraps served with rice salad, fresh crisp salad and coleslaw

Homemade Chicken, Leek and Ham Pie served with creamed potatoes, seasonal cauliflower, peas and fresh carrot batons

Lemon Drizzle Cake or Ice Cream

Thursday
V Oven baked Crumb Coated Chicken served with chunky chipped potatoes and garden peas

Oven baked Fish Fingers served with chunky chipped potatoes and garden peas

Homemade Flapjack

Friday
V All Day Breakfast or
Jacket Potato with choice of fillings

Cheese Flan served with herby diced potatoes and garden peas

Cooks choice V Fruit Jelly or
Homemade Ginger Biscuit with mandarin oranges

Glazebury CE Primary School Menu Spring/Summer 2018

Menu Cycle Week One: 30th April, 21st May, 11th June, 2nd July, 23rd July, 17th Sept, 8th Oct

Menu Cycle Week Two: 7th May, 28th May, 18th June, 9th July, 3rd Sept, 24th Sept, 15th Oct

Menu Cycle Week Three: 14th May, 4th June, 25th June, 16th July, 10th Sept, 1st Oct

= Vegetarian V = Vegetarian substitute available
Lunch will be served with fresh milk or drinking water.
All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals

WARRINGTON
Borough Council