

# SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, yoghurt, soren and cheese & biscuits  
Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.



## Week One

### Meat Free Monday

Vegetarian Sausage Roll  
baked diced potatoes and beans

Ice Cream

### Tuesday

Roast Chicken with creamed potatoes, gravy served with seasonal fresh carrots and peas.

Fresh Fruit Segments  
or yoghurt

### Wednesday

Cooks Choice Pasta served with mixed vegetables.

Homemade Chocolate Cake

### Thursday

Meatball Sub served with salad

V Jelly and Fruit

### Friday

V Oven baked Fish Fingers  
served with chunky chipped potatoes, garden peas or baked beans

V Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans

Homemade Shortbread Biscuit

## Week Two

### Meat Free Monday

Margarita Pizza  
served with baked jacket wedges and sweetcorn

Ice Cream

### Tuesday

Pork Sausage served with creamed potatoes and mixed vegetables

Fresh Fruit Salad or  
Yoghurt

### Wednesday

V Spaghetti Bolognese  
Served with mixed vegetables

V Jelly and Fruit

### Thursday

Selection of panini served with mixed salad

V Selection of filled wraps

Fruit crumble with custard

### Friday

V Oven baked Battered Salmon  
served with chunky chipped potatoes garden peas or baked beans

V Chicken goujons  
Served with chunky chipped potatoes garden peas or baked beans

Homemade cooks choice cookie

## Week Three

### Meat Free Monday

Homemade Tomato and Mascarpone Pasta Bake  
served with seasonal vegetables

Ice Cream

### Tuesday

Savoury Mince in Yorkshire pudding served with creamed potatoes and mixed vegetables.

Fresh Fruit Segments or  
Yoghurt

### Wednesday

V Chicken Tikka Masala served with 50/50 rice

V Baguette pizza  
served with fresh salad and coleslaw

Jelly and Fruit

### Thursday

Cooks choice pasta served with broccoli

Fruit sponge with custard

### Friday

V Crumb coated chicken  
Served with chunky chipped potatoes, garden peas or baked beans

V Oven baked Battered Fish served with chunky chipped potatoes, garden peas or baked beans

Homemade Biscuit or Cookie

## School Menu Autumn/Winter 2023



= Vegetarian V = Vegetarian substitute available  
Lunch will be served with fresh milk or drinking water.  
All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website  
[www.warrington.gov.uk/schoolmeals](http://www.warrington.gov.uk/schoolmeals)



**WARRINGTON**  
Borough Council

Menu cycle week one: 30<sup>th</sup> Oct. 20<sup>th</sup> Nov. 11<sup>th</sup> Dec. 1<sup>st</sup> Jan. 22<sup>nd</sup> Jan. 12<sup>th</sup> Feb. 4<sup>th</sup> Mar. 25<sup>th</sup> Mar.

Menu cycle week two: 6<sup>th</sup> Nov. 27<sup>th</sup> Nov. 18<sup>th</sup> Dec. 8<sup>th</sup> Jan. 29<sup>th</sup> Jan. 19<sup>th</sup> Feb. 11<sup>th</sup> mar. 1<sup>st</sup> Apr.

Menu cycle week three: 13<sup>th</sup> Nov. 4<sup>th</sup> Dec. 25<sup>th</sup> Dec. 15<sup>th</sup> Jan. 5<sup>th</sup> Feb. 26<sup>th</sup> Feb. 18<sup>th</sup> Mar. 8<sup>th</sup> Apr.

