

SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, fruit yoghurt, sreen and cheese & biscuits
Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.



Week One

Monday

Homemade Tuna Pasta Bake served with broccoli

✓ Selection of Pizza with various toppings, jacket wedged potatoes, sweetcorn

Homemade Rice Pudding with Warm Berries or Ice Cream

Tuesday

Braised Beef served with gravy, roast and creamed potatoes, carrots and broccoli

Homemade Macaroni Cauliflower Cheese topped with tomatoes served with fresh broccoli ✓

Fresh Fruit Salad
Yoghurt

Wednesday

✓ Homemade Fruity Chicken Curry served with 50/50 rice

✓ Homemade Cheese Flan
½ jacket potato wedges, peas and sweetcorn

Homemade Fruit Crumble served with custard

Thursday

Oven Baked Battered Salmon served with chunky chipped potatoes, peas or baked beans

✓ Red Tractor Chicken Poppers served with chunky chipped potatoes, peas or baked beans

Cooks choice Cookie

Friday

Homemade Minced Beef Hot Pot served with carrot and peas

Oven baked Vegetarian Sausage Roll served with sauté potatoes and baked beans ✓

Homemade Eve's Pudding served with custard sauce

Week Two

Monday

✓ Tortilla Boat filled with Mild Chili Beef, 50/50 rice, sweetcorn

✓ Seasoned Chicken Breast served with ½ jacket potato, spaghetti hoops

Apple and Blackberry Crumble, custard sauce or Strawberry Ice Cream

Tuesday

Roast Turkey with sage and onion stuffing served with gravy, roast and creamed potatoes, fresh broccoli and carrots

Tomato and Mascarpone Wholemeal Pasta Bake and broccoli ✓

Fresh Fruit Salad
Yoghurt

Wednesday

Moroccan Lamb Tagine, couscous or 50/50 rice

Baked Gammon, creamed potatoes, served with baked beans or seasonal vegetables

Chocolate Sponge Pudding with custard sauce

Thursday

Oven Baked Tempura Battered Fish served with chunky chipped potatoes peas or baked beans

✓ Crumb Coated Chicken served with chunky chipped potatoes peas or baked beans

Cookie

Friday

✓ Homemade Spaghetti Bolognaise served with broccoli

✓ Pork Sausage with sauté potatoes and seasonal vegetables

Homemade Flapjack

Week Three

Monday

Yorkshire Pudding filled with Savoury Minced Beef served with creamed potato and seasonal vegetables

Baguette Pizza or Flatbread Pizza with various toppings served with homemade jacket wedged potatoes and sweetcorn

Plum and Oat Crumble served with custard or Ice Cream

Tuesday

Roast Gammon, sage & onion stuffing served with gravy, roast and creamed potatoes, fresh broccoli and carrot

Cooks choice

✓ Homemade Chinese Stir Fry Vegetables with Chicken and Egg Noodles or

✓ Chicken Tikka Masala served with 50/50 rice

Gingerbread Cake

Wednesday

Homemade Beef and Onion Pie new potatoes, seasonal vegetables

✓ Italian Pasta with Chicken served with seasonal vegetables

Yoghurt or Fruit Segments

Thursday

✓ Oven Baked Crumb Coated Chicken served with chunky chipped potatoes and garden peas

Oven Baked Fish Fingers served with chunky chipped potatoes and garden peas

Cookie with Mandarin Oranges

Friday

✓ All Day Breakfast

Or

Filled Jacket Potato

Carrot Cake

Glazebury CE Primary School Menu Autumn/Winter 2019/2020

Menu Cycle Week One: 4 Nov, 25 Nov, 16 Dec, 6 Jan, 27 Jan, 17 Feb, 9 Mar, 30 Mar

Menu Cycle Week Two: 11 Nov, 2 Dec, 23 Dec, 13 Jan, 3 Feb, 24 Feb, 16 Mar

Menu Cycle Week Three: 18 Nov, 9 Dec, 30 Dec, 20 Jan, 10 Feb, 2 Mar, 23 Mar



= Vegetarian ✓ = Vegetarian substitute available
Lunch will be served with fresh milk or drinking water.
All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals



WARRINGTON
Borough Council

