

SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, fruit yoghurt, sreen and cheese & biscuits
Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.



Week One

Monday

Homemade Tuna Pasta Bake
Served with Broccoli

✓ Selection of Pizza with various toppings
jacket wedged potatoes, Sweetcorn

Homemade Rice Pudding with warm berries or Ice Cream

Tuesday

Braised Beef
Served with Sage and Onion Stuffing, potatoes, carrots and broccoli gravy

Homemade Macaroni Cauliflower Cheese
Topped with Tomatoes Served with Fresh Broccoli

Fresh Fruit Salad
Yoghurt

Wednesday

✓ Homemade Fruity Chicken Curry
Served with 50/50 Rice

✓ Tomato and cheese pasta bake
Garlic bread

Chocolate Brownie

Thursday

Oven Baked Battered Salmon
Served with Chunky Chipped Potatoes, Peas or Baked Beans

✓ Red Tractor Chicken Poppers
Served with Chunky Chipped Potatoes, Peas or Baked Beans

Cooks Choice Cookie

Friday

Homemade Minced Beef Hot Pot
Served with Carrot and Peas

Oven Baked Vegetarian Sausage Roll
Served with sauté potatoes and Baked Beans

Homemade Peach and Raspberry
Sponge Pudding & custard Sauce

Week Two

Monday

✓ Tortilla Boat filled with Mild Chili Beef, 50/50 rice, sweetcorn

✓ Seasoned Chicken Breast with savoury rice

Apple and Blackberry Crumble,
custard sauce or strawberry ice cream

Tuesday

Roast Chicken or Turkey with Sage and Onion Stuffing served with potatoes, fresh broccoli and carrots
Gravy

Tomato and Mascarpone
Wholemeal Pasta Bake, Garlic Bread and Broccoli

Fresh Fruit Salad
Yoghurt

Wednesday

Cooks Choice Moroccan Lamb Tagine, couscous or 50/50 rice

Baked Gammon
Creamed potatoes, gravy and seasonal vegetables

Chocolate sponge pudding, Custard Sauce

Thursday

Oven Baked Tempura Battered Fish
Served with Chunky Chipped Potatoes Peas or Baked Beans

✓ Crumb Coated Chicken
Served with Chunky Chipped Potatoes Peas or Baked Beans

Cookie

Friday

✓ Homemade Spaghetti Bolognaise
Served with Broccoli

✓ Pork Sausage with sauté potatoes and seasonal vegetables

Homemade flapjack

Week Three

Monday

Yorkshire Pudding filled with Savoury Minced Beef Served with Creamed Potato and Seasonal Vegetables

Baguette Pizza or flatbread pizza with Various Toppings Served with Homemade Jacket Wedged Potatoes and Sweetcorn

Plum and Oat Crumble Served with Custard or ice cream

Tuesday

Cooks Choice, Roast Turkey or Roast Gammon, Sage & Onion Stuffing Served with Gravy, Potatoes, Fresh Broccoli and Carrot

✓ Homemade Chinese Stir Fry Vegetables with Chicken and Egg Noodles

Banana and Oat cake

Wednesday

Homemade Beef and Onion Pie served with new Potatoes, seasonal vegetables

✓ Italian Pasta with Chicken
Served with Seasonal vegetables

Yoghurt or Fruit Segments

Thursday

✓ Oven Baked Crumb Coated Chicken
Served with Chunky Chipped Potatoes and Garden Peas

Oven Baked Fish Fingers Served with Chunky Chipped Potatoes and Garden Peas

Cookie with Mandarin Oranges

Friday

✓ All Day Breakfast

Or

Filled Jacket Potato

Carrot Cake

Glazebury CE Primary Menu Autumn/Winter 2018/2019

Menu Cycle Week One: 29th Oct, 19th Nov, 10th Dec, 31st Dec, 21st Jan, 11th Feb, 4th Mar, 25th Mar, 15th April

Menu Cycle Week Two: 5th Nov, 26th Nov, 17th Dec, 7th Jan, 28th Jan, 18th Feb, 11th Mar, 2nd April, 22nd April

Menu Cycle Week Three: 12th Nov, 3rd Dec, 24th Dec, 14th Jan, 4th Feb, 25th Feb, 18th Mar, 29th April



= Vegetarian ✓ = Vegetarian substitute available
Lunch will be served with fresh milk or drinking water.
All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals



WARRINGTON
Borough Council

