



"Growing together at the heart of God's community"



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Dear Parent/Carer,

### NSPCC- PANTS safeguarding information for parents

As you may be aware the NSPCC are a national charity that specialise in child protection and are dedicated to protecting children today to prevent abuse tomorrow. The approved safeguarding resources are used by schools to help bring important messages to children at an age-appropriate level.

Next week children in Reception to Year 6 will be discussing the NSPCC's PANTS resources and remembering the rules from our PSHE lessons in class. During these discussions we will aim to teach our children the following important safety skills without giving explicit information or telling scary stories. We will be teaching our pupils how to stay safe by learning the PANTS mnemonic, which the NSPCC have developed to be like a Green Cross Code for staying safe from sexual abuse.

#### **PANTS** stands for:

- **P**rivates are private.
- **A**lways remember your body belongs to you.
- **N**o means no.
- **T**alk about secrets that upset you.
- **S**peak up, someone can help.

The lessons will introduce a range of ideas, all delivered in a way that's fully age-appropriate, empowering pupils without using any frightening words. These include:

- good and bad touching
- your child's right to say no to things that make them feel upset or uncomfortable
- naming parts of the body
- who your child can turn to if they ever feel upset or worried.

If you would like to know more about the NSPCC's campaign and learn how you can help keep your children safe, more information can be found at [nspcc.org.uk/pants](https://nspcc.org.uk/pants), including a short film and a parent guide. If you have any questions or concerns, please don't hesitate to get in touch.

Yours sincerely,

Mrs K Wall

Deputy Head and PHSE Lead

